

AREA E-LIFELONG UNDERSTANDING AND SELF-DEVELOPMENT

3 semester units, not all in physical activity

Counseling 20; Environmental Science 2; Family and Consumer Studies 21; Health 2, 8, 11, 21, 101;
Kinesiology 201*, 217*, 251*, 303*, 327, 334*, 336-1*, 345*, 419-1*; Kinesiology Athletics 552*,
Kinesiology Major 134**; Psychology 3, 41; Sociology 12

NOTE: * = 1 unit; ** = 2 units

CSU U.S. HISTORY, CONSTITUTION AND AMERICAN IDEALS Graduation Requirement

2 courses (6 semester units)

NOTE: The CSU system accepts the following courses in fulfillment of its United States History,
Constitution and American Ideals requirement.

Choose one course from Group 1 and one course from Group 2.

Group 1: Historical Development of American Institutions and Ideals