

## B Ma e A c d ac

uick-witted, energetic, and fiery are three words that can be used to describe Cal State East Bay's Regina Cate.

Cate, a professor in the Theatre and Dance Department, isn't a stranger to CSUEB, as she has been teaching here since 1978.

She also is not a stranger to the CSU system, as she is a product of the system herself. Cate, who went to high school in Chico, graduated with a Bachelor's of Arts in English from Chico State. She was, she said, "a typical college student."

After graduating from Chico, Cate enrolled at Stanford University where she received a Master of Fine Arts degree.

Along the way Cate got married.

The Cates have been married for almost 40 years, and Cate says they are still best friends.

Cate has a daughter who currently lives in New York with her new husband and Cate tries to visit as often as possible.

Cate currently resides in Oakland with her husband, although she lived in San Francisco for over 30 years before moving.

She still enjoys visiting The City.

"When (Cate) said she liked to visit The City I almost died," said CSUEB sophomore Ashley Warn, who had Cate her freshman year. "How many professors refer to San Francisco as The City?" Warn said.

houses is Ruth's Chris because it's the closest to a New York steak you can get in the Bay Area.

Cate is young at heart and engages in activities that keep her that way.

She likes to draw and paint and tries to go cross country skiing at least once or twice a year.

"My husband's not very athletic so cross country skiing is something we can both enjoy," Cate said.

Although she likes to ski, she has zero interest in snowboarding, claiming, "I don't want to break my neck!"

Cate has a knack for adventure and for her all the world really is a stage.

While Cate has performed on the stage, she usually works behind the scenes.

One of her passions is costume design and you may have seen some of her many creations at any of the CSUEB theater plays.

Cate enjoys doing the research necessary to make sure the costumes are as creative and interesting as possible.

"I like to read the play, or listen to the music and figure it out in my head," she said.

While she enjoys the creative process of design, her least favorite

activity is the dress rehearsal.

Along with designing the costumes for many CSUEB plays, Cate brings her love for the theater to her students.

She is a professor in the Ancient World Cluster (AWC), in which she teaches freshmen about Ancient World Theater.

A student from the AWC claimed that Cate kept the class going with her dramatic flair when it came to bringing plays like "Women of Troy" alive.

One thing she likes about the cluster system is that it is broken down into different elements, which allow her to focus solely on the play itself, and not the history behind it.

According to Cate, it is the students and especially the diversity of the students at CSUEB that keep her coming back year after year.

Cate loves to see student-written plays, and said they never cease to amaze her.

If you're interested in trying your hand at theater design, costume or makeup design, make sure you sign up for one of Cate's classes. You never know, the stage might be a good place to call home.